




ROCK RECORD

Students: Fill out your practice time (in minutes) each day.

Parents: Initial each box once your child fills in their practice time.

Prizes Earned:

- 200-399 min = 1 prize 
- 400-599 min = 2 prizes 
- 600+ min = 3 prizes 

OCTOBER 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Weekly Total	What To Practice
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

“Be your own artist, and always be confident in what you’re doing. If you’re not going to be confident, you might as well not be doing it.”

— Aretha Franklin

Monthly Total: _____ minutes

Prize(s) given by: _____

Student Name: _____